



SAFFRON PRESENTATIONS

For Professionals, Volunteers and Parents

Monday, August 8th, 2022 from 9:30am – 3:30pm

4809 49th avenue Killam (FFCS building)

Two half day workshops, take one or take both! \$10 registration fee for lunch and snacks.

Trauma Informed & Disclosure Training Workshop (9:30am - 12:30pm)

Includes interactive components on trauma informed situations and disclosure training.

- Defining trauma
- Importance of following the principles of trauma informed care
- How to recognize someone who may need help and how to approach the conversation
- After-care and self-care techniques for those who have experienced trauma

Responding To Online Exploitation and Digital Literacy (1:00pm – 3:30pm)

includes how to respond to a child who may be experiencing exploitation and a scenario to test your digital literacy skills.

- Information about safe screen time, social media platforms, and video games
- Discussion about adult content that can be found online and how to talk to youth about it
- What to do when we encounter exploitation and how to support youth experiencing it
- Explain digital literacy, and discuss the importance of teaching youth to think critically about what they see online



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PLEASE REGISTER BY FRIDAY JULY 29, 2022 780-385-3976 or director@flagstaffcs.ca



SAFFRON PRESENTATIONS

For Professionals, Volunteers and Parents

Tuesday, August 30, 2022 from 10:00am – 4:00pm

4809 49th Ave Killam (FFCS building)

Take one or take all! Lunch included

Responding to Online Child Sexual Exploitation (10:00am – 11:00am)

- Defines child exploitation and discusses its effects
- Learn how to recognize grooming and how to respond appropriately
- Learn proper intervention and techniques to prevent online child exploitation

Trauma Informed Communities (11:30am – 12:30pm)

- Discuss the importance of recognizing our own biases to provide trauma-informed compassion to others
- Covers additional support and resources for those impacted by sexual violence
- Emphasizes the importance of practicing self-care when providing trauma informed care to others

Disclosure Training (1:30pm – 2:30 pm)

- Recognize common signs of distress and how to approach a conversation when noticing trauma symptoms
- Legal responsibilities of the person(s) receiving disclosure
- Discusses self-care and debriefing techniques to use and share

Bystander Intervention (3:00pm – 4:00pm)

- Covers how to overcome barriers to bystander intervention and different methods
- Discusses grey areas of intervention



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